



Pantry Partner

C / O North Dakota Community Action Association

The Harry Chapin Self Reliance Awards

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For the past fifteen years, the Harry Chapin Self Reliance Awards program, administered by World Hunger Year and underwritten in part by a grant from the Harry Chapin Foundation, has distributed cash grants (\$5,000 maximum amount). The awards are bestowed to grassroots organizations judged outstanding for their innovative and creative approaches to fighting domestic hunger and poverty empowering people and building self reliance.

The awards honor those organizations that go beyond charity to change and help people improve their own lives and the communities in which they live.



A new supplemental commodity program is in the review and evaluti

To be eligible for an award, your organization must:

- *Be located within the United States.*
- *Be community-based and local in nature.*
- *Be a 501c3 tax exempt organization*

- *Demonstrate innovative and creative programs which may include but go beyond emergency food, shelter, and assistance.*
- *Clearly demonstrate that your activities directly foster self reliance among people below the poverty level.*

Entries must be postmarked no later than August 1, 2001. The application packet consists of an application form, narrative, an your organization's budget and organizational information.

For a copy of the application contact:

Julianne Rana,
World Hunger Year
at
212-629-8850
Or the NDCAA office at
1-800-223-0364



NDCAA Receives Congressional Nomination

The North Dakota Community Action Association (NDCAA) was recently nominated for a 2001 *Victory Against Hunger Award* by Senator Kent Conrad.

The NDCAA was recognized for its recent statewide low-income food needs assessment, Food Dialog Workshops for Emergency Food

Providers, Pantry Partner Newsletter, public education efforts and other related activities.

If the Congressional Hunger Center selects the NDCAA as one of the award recipients, a grant award would also be bestowed. The grant would enhance future activities and programs.

The award winners will be announced in July 2001.

The NDCAA is honored by this recognition and extends a very special thank you to staff, collaborative partners and everyone else who assisted with these recognized efforts.

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June 2001

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What happens when no one continues the tradition of helping?

Arlene Smith
&
Edna Shultz,
Kidder Co. Food Pantry

One can't help but feel the spirit of compassion and caring that radiates from Edna Shultz and Arlene Smith. These two vibrant women share a passion for helping those in need and a friendship that expands nearly 50 years.

After nearly two decades of service to the Kidder County Food Pantry in Steele, these two women would like to pass the torch of volunteerism on to a younger generation. However, these women are experiencing a common plight, no one is willing to step forward and take over the operational duties required to keep the doors open to the food pantry.

"We never have

problems finding help to pack Christmas or other holiday baskets—which is greatly appreciated. During this time of the year everybody's conscience kicks in and they feel the need to help. However, during the rest of the year everyone is either too busy or just doesn't think about helping." states Shultz.

A frustrating scenario for two women who are both torn between other community projects, family obligations and are beginning to feel the affects of various health related issues. They realize that not everyone is able to make a commitment to the food pantry, but are quick to stress the importance of having this type of service available in the area.

"The pantry is a life line for many people. Without it, so many families would go hungry." stated Smith.

The pantry also has a claim to fame. Kidder County was the first county in the nation that received assistance from Willy Nelson's initial Farm Aid efforts. The event brought in nearly a quarter of a million pounds of food to the area.

Shultz and Smith will continue their efforts to recruit new spirits to take on the challenges of meeting the needs of the hungry. Meanwhile, when asked why they continue to give their time and energy to the pantry, Shultz smiled and said, *"Because the hugs and thank yous are so worth it."*

Tips to Attract Volunteers



Local youth groups or high school classes can be a great source of volunteers.

- Ask people to volunteer: A recent study indicated that people are 10 times more likely to volunteer when they are recruited compared to a general posting of a "volunteers wanted" in a local newspaper or other similar outlet.
- Several food pantries rely on the various

churches in the area to assist. In many cases, each church group will take the responsibility of staffing the pantry for one month. Each month a new group takes over the lead role.

- Open your food pantry in the evenings. Many people who would like to volunteer are unable

to do so during the day because of employment or other obligations. Evening hours may not only be easier for volunteers but also for potential clients

- Look to the youth in your community. How about a boy scout troop? A high school business class?

Sara Lee Foundation



The Sara Lee Foundation is the philanthropic arm of the Sara Lee Corporation. Sara Lee is a global manufacturer of high-quality, brand-name food products. Each year the company donates at least 2% of its income—in cash and product contributions—to nonprofit organizations.

The Foundation awards grants to agencies serving people who are disadvantaged and cultural organizations. To be considered for support, organizations that have not received funding from the Foundation in the previous 12 months must submit a New Grant Application Form. The next deadline is the first week in September. To obtain an application form, please write to:

**Sara Lee Foundation
Three First National Plaza
Chicago, IL 60602-4260**



Verizon Foundation is Helping Boost Technology

Nonprofit organizations can request an **eGrant** from Verizon Foundation, in the amount of \$240, toward internet access from a vendor of their choice. All you need to do is select the Internet Service Provider (ISP) and complete the application. The program is targeted at small nonprofits (budgets less than \$500,000).

In alignment with Verizon's funding priorities, requests should address one or more of the following areas: Literacy, Digital Divide, Workforce Development, and Community Technology Development. It is important that the request also include a description of how Internet access will benefit the organization. The Foundation only accepts on-line proposals. For more information check out:

www.foundation.verizon.com



Organizing Youth

The Funder's Collaborative on Youth Organizing is accepting proposals from community-based groups that use youth organizing to create social change and to build youth leadership in low-income communities. The Collaborative accepts proposals from a variety of organizations. Awards typically range from \$15,000-30,000 and are targeted primarily to groups with strong history of organizing—although some awards are reserved for emerging groups. The deadline for applications is November 1, 2001. Find more information at www.jfjustice.org/RFP or write to: The Funder's Collaborative on Youth Organizing, 260 Fifth Street, Suite 701, New York, NY 10001.



Thinking about the Future

The North Dakota Association of Nonprofit Organizations and Bismarck State College are offering a seminar to help you explore the methods and benefits of long-range planning for a nonprofit agency. The seminar is scheduled for June 19th from 9:00 am to 11:50 am. The seminar will be held over the IVAN network. Sites include: Bismarck, Minot, Fargo, Dickinson and Grand Forks. For more information contact BSC at 1-800-852-5685.



Applying for a Government Grant?

A great new internet resource provides instant access to top-ranked funded grant proposals. Over 650 proposals, all which were selected by major government funders from among their highest-rated grant applications. The entire collection is free and can be viewed at: www.TGCIgrantproposals.com

RESOURCES

- The National Council on Aging has developed a website that is capable of identifying state and federal services for older people. Check it out at www.benefits.checkup.org
- The North Dakota Association of Non-profit Organizations and The Grantmanship Center is offering an intensive hands-on grant writing workshop Sept 24-28 in Fargo. For more information contact the NDANO office at 701-258-9101.
- Your nonprofit can get microsoft software products dirt cheap from CompuMentor. For example you can get Microsoft Office 200 Professional for \$60, which retails for over \$200 in stores. For an order form call: 1-800-659-3579. Products can not be purchased for personal use by individuals. A copy of your 501c3 tax exempt letter must accompany the order form.
- Your nonprofit has access to affordable liability insurance. Nonprofit Insurance Alliance of California has expanded its reach, and can insure nonprofits in every state. For more information contact: Pam Davis, PO Box 8507, Santa Cruz, California, 95061 or 1-831-459-0980.



How does your board of directors rate? Are they familiar with roles & responsibilities?

How Accountable are Nonprofit Boards? Not Very, Says Survey

A recent survey of non-profit boards found that less than 10% are properly accountable to the organization's stakeholders. Over 379 nonprofit boards were surveyed.

To be properly accountable, according to the study's authors, boards should do the following:

- **Develop & approve** the organization's mission, objectives, and strategy.
- **Monitor progress** in advancing the mission,

requesting adjustments in direction or marketing as necessary.

- **Focus on results and not processes.** The board should not be involved in direct management but only in reviewing and evaluating management.
- **Identify time constraints** which are important in the evaluation of performance.
- **Develop workable goals** which can be

measured.

- **Establish board member criteria**, and secure members who fit that criteria.
- **Educate themselves** about the liabilities and responsibilities of board membership.

For more information on the survey, contact:

Arthur Parry, Ph.D.
LeTourneau University
11208 Knoxville Lane
Frisco TX 75035



Information Request

For any additional information or to submit a news bit for the next newsletter, please complete this form and return it the address listed below.

Please send me additional information on:

- | | |
|--|--|
| <input type="checkbox"/> Community Action | <input type="checkbox"/> Food Gleaning |
| <input type="checkbox"/> Food Dialog Workshop | <input type="checkbox"/> Grant Opportunities |
| <input type="checkbox"/> Other: please specify | <input type="checkbox"/> Food Needs Assessment Study |

- ☐ I would like to contribute a story, or news bit for the next newsletter. Please contact me.

NAME _____

ADDRESS _____

PHONE _____

Comments:

C/O North Dakota Community
Action Association
2105 Lee Avenue
Bismarck ND 58504

Dept of Ag On-Line

The Department of Agriculture recently launched an on-line resource that will provide convenient access to current and reliable government information about nutrition and related issues. The website, **www.nutrition.gov**, contains links to information on dietary guidelines, food safety, health management, nutrition research, nutrition education programs, foodborne illnesses, food security, grant resources, food assistance programs and much more.



Check it out today!


NDCAA



MDU Resources Foundation

The MDU Resources Foundation provides grants to nonprofit organizations in a variety of different categories including: health and human services, education, civic and community activities. Generally, requests for contributions of \$2500 and above will be considered by the Foundation, while requests of a local nature and less than \$500 should be considered by the local MDU providers. To apply for a grant contact the nearest MDU office for an application or send a written request to: Dennis Boyd @ MDU Resources Foundation, PO Box 5650, Bismarck 58506.

Why is it?

Why is it?

They have to wait for days

Just to get a little food.

When we can just pick something up,

Whenever we are in the mood.

Why is it?

They can get only small portions,

That barely help them get by,

When we have feasts and banquets,

And meals with food piled high.

Why is it?

-Courtney Kenny, Grade 8-
Metairie, LA

Kids Can Make a Difference

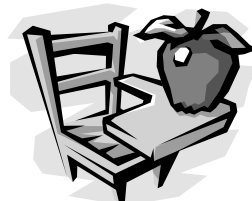
Kids Can Make A Difference (KIDS) is an educational program for middle and high school students. The program focuses on the root causes of hunger and poverty, the people most affected, solutions, and how students can help. The major goal is to stimulate the students to take action and get involved.

The teacher's guide has been utilized in schools, after-school programs, religious schools, distance learning programs, home schools and local food banks. The guide features uplifting, engaging, interactive and challenging lessons on the causes of and solutions to domestic hunger.

It also examines the role of the media, famine vs. chronic hunger, the working poor, and more. In addition, it contains a number of valuable ideas for how young people can make a difference in their community. The guide can be ordered directly from KIDS and costs \$22 plus \$5 shipping and handling.

Supporting classroom work is a KIDS Newsletter that highlights current hunger issues and student initiatives. The quarterly newsletter features articles written by students, teachers and others concerned with finding solutions to hunger and poverty. It is distributed to over 2500 schools and similar organizations. This program is a great community initiative.

For more information contact:
Larry Levine or Jane Finn Levine
PO Box 54
Kittery Point ME 03905
207-439-9588
207-439-4917 FAX



Cultivating Community Through Gardening




In neighborhoods across the US, community garden programs work to empower people to transform their lives and communities. The American Community Garden Association recently released a new resource, *"Cultivating Community: Principles and Practices for Community Gardening."* The resource guide examines basic practices that create successful community empowerment programs and demonstrates how community garden programs can build partnerships, promote economic development, empower local leadership and meet hunger needs. The guide is available for \$10 or \$8 each for bulk orders of 10 or more copies. Send a check or money order to:

The American Community Garden Association
100 N 20th Street, 5th Floor
Philadelphia PA 19103-1495

or

Visit: www.communitygarden.org to download the order form



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WE'RE ON THE WEB!
WWW.NDCAA.ORG

This newsletter was made possible with a *Community Food & Nutrition Grant* from the *North Dakota Division of Community Services*.